

September 2009

August 2009							September 2009							October 2009								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
						1			1	2	3	4	5							1	2	3
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10		
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17		
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24		
23	24	25	26	27	28	29	27	28	29	30	25	26	27	28	29	30	31					
30	31																					

■ Coaching/teams schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31 SCHOOL BEGINS ■ 2:30 PM Practice 2:30-4pm	1 ■ 2:30 PM Practice 2:30-4pm	2 ■ 2:30 PM Weight Training 2:30-3:15pm	3 ■ 2:30 PM Practice 2:30-4pm	4 ■ 2:30 PM Practice 2:30-4pm	5
6	7 OFF	8 ■ 2:30 PM Practice 2:30-4pm	9 ■ 2:30 PM Weight Training 2:30-3:15pm	10 ■ 2:30 PM Practice 2:30-4pm	11 ■ 2:30 PM Practice 2:30-4pm	12
13 ■ 2:30 PM Practice 2:30-4pm	14 ■ 2:30 PM Practice 2:30-4pm	15 ■ 2:30 PM Weight Training 2:30-3:15pm	16	17 Firebird Invitational	18 ■ 2:30 PM Practice 2:30-4pm	19
20	21 Block ■ 3:15 PM Practice 3:15-4:45	22 Block ■ 1:15 PM Practice 1:15-2:45	23 ■ 2:30 PM Weight Training 2:30-3:15pm	24 ■ 2:30 PM Practice 2:30-4pm	25 ■ 2:30 PM Practice 2:30-4pm	26
27 ■ 2:30 PM Practice 2:30-4pm	28 ■ 2:30 PM Practice 2:30-4pm	29 ■ 2:30 PM Weight Training 2:30-3:15pm	30	1 WBAL #1	2 ■ 2:30 PM Practice 2:30-4pm	3

October 2009

September 2009							October 2009							November 2009						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
										1	2	3	1	2	3	4	5	6	7	
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
27	28	29	30				25	26	27	28	29	30	31	29	30					

■ Coaching/teams schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 ■ 2:30 PM Practice 2:30-4pm	28 ■ 2:30 PM Practice 2:30-4pm	29 ■ 2:30 PM Weight Training 2:30-3:15pm	30 WBAL #1	1 ■ 2:30 PM Practice 2:30-4pm	2	3
4 Block ■ 3:15 PM Practice 3:15-4:45	5 Block ■ 1:15 PM Practice 1:15-2:45	6 ■ 2:30 PM Weight Training 2:30-3:15pm	7 ■ 2:30 PM Practice 2:30-4pm	8 ■ 2:30 PM Practice 2:30-4pm	9 Crystal Springs Invite	10
11 ■ 2:30 PM Practice 2:30-4pm	12 ■ 2:30 PM Practice 2:30-4pm	13 ■ 2:30 PM Weight Training 2:30-3:15pm	14 WBAL #2	15 ■ 2:30 PM Practice 2:30-4pm	16	17
18 Block ■ 3:15 PM Practice 3:15-4:45	19 Block ■ 1:15 PM Practice 1:15-2:45	20 ■ 2:30 PM Weight Training 2:30-3:15pm	21 ■ 2:30 PM Practice 2:30-4pm	22 ■ 2:30 PM Practice 2:30-4pm	23	24
25 ■ 2:30 PM Practice 2:30-4pm	26 TKA meet at Bol Park	27 ■ 2:30 PM Weight Training 2:30-3:15pm	28 ■ 2:30 PM Practice 2:30-4pm	29 ■ 2:30 PM Practice 2:30-4pm	30	31

November 2009

October 2009							November 2009							December 2009							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
				1	2	3	1	2	3	4	5	6	7				1	2	3	4	5
4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	
11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	
25	26	27	28	29	30	31	29	30						27	28	29	30	31			

■ Coaching/teams schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Block ■ 3:15 PM Practice 3:15-4:45	3 Block ■ 1:15 PM Practice 1:15-2:45	4 ■ 2:30 PM Weight Training 2:30-3:15pm	5 ■ 2:00 PM Practice 2:30-3pm	6 WBAL Fin...tal Springs	7
8	9	10	11	12	13	14 CCS Final...tal Springs
15	16 Block	17 Block	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5